



ARE YOU RESTING IN GOD? *Hebrews 4:1-13*

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God has given us command to be good stewards of things that HE has given us. God has given us commandments to ensure safety for our lives. There are commands to avoid sin and death, while there are also commands to do what is right in the sight of God. He has commanded us to work and be busy upon this earth, but with the responsibility of being a hard worker, *God has also commanded us to rest.*

Hebrews 4:1-13

“Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it. **2** For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened. **3** For we who have believed enter that rest, as he has said, “As I swore in my wrath, ‘They shall not enter my rest,’” although his works were finished from the foundation of the world. **4** For he has somewhere spoken of the seventh day in this way: “And God rested on the seventh day from all his works.” **5** And again in this passage he said, “They shall not enter my rest.” **6** Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, **7** again he appoints a certain day, “Today,” saying through David so long afterward, in the words already quoted, “Today, if you hear his voice, do not harden your hearts.” **8** For if Joshua had given them rest, God would not have spoken of another day later on. **9** So then, there remains a Sabbath rest for the people of God, **10** for whoever has entered God's rest has also rested from his works as God did from his. **11** Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. **12** For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. **13** And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.”

I. The GOOD NEWS Is Preached To Give REST. (v 1-7)

For Jews, rest was to:

- Help remember the SABBATH or to remember God's HOLINESS

II. SABBATH REST still exists TODAY. (v 9)

For Christians, rest is to:

- Help REMAIN in the Lord and live a SABBATH LIFE.

*“Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them.” **Matthew 5:17-19***

*“And he said to them, “The Sabbath was made for man, not man for the Sabbath.”
Mark 2:27*

The “Sabbath rest” explanation:

- The earthly rest is a SHADOW of what was involved in the heavenly rest of complete DEVOTION to God.

III. God’s WORD Exposes Those Who Have NOT Entered That REST. (v 12-13)

God’s Word is:

- LIVING, therefore it can give ETERNAL LIFE,
- ACTIVE, therefore it enables us to be PROACTIVE for the Kingdom,
- SHARPER, therefore it can cut into man’s darkest HEART,
- JUDGES, therefore it EXPOSES man’s SIN

God has illustrated how His Word has power to expose faithlessness of the wilderness generation and how scripture penetrates and judges those whom God invites today to salvation. Come to Jesus this morning and find rest in His saving arms!

Salvation through Jesus Christ

The single most important decision you could ever make is to receive Jesus Christ as your Savior and Lord. The Bible says, all have sinned and fall short of God's glory and we don't deserve eternal life because the wages of sin is death. Yet through God's love, only Christ gives us eternal life by grace through faith... it is a gift of God. God's word says, That if you confess with your mouth that Jesus is LORD and believe in your heart that God raised Him from the dead — YOU WILL BE SAVED. The Bible says to REPENT of your sins, BELIEVE in Jesus thereby receiving His forgiveness. And identify with Christ and start living a new life in obedience to God by being BAPTIZED.